The time you report teaching nutrition and promoting physical activity on this log is matched by funds that bring all parts of the SNAPPING UP program to your students and school.

Mark like this: 

No like this:  

**This month, did you complete any of the following lessons?**

Yes No

If yes, how many times for each lesson:

1. Lots to Know About Squash Hands-On Activities… 1 time 2 times 3 times 4 times

2. Crookneck Squash Stories and Songs…………………. 1 time 2 times 3 times 4 times

3. Introducing MyPlate Nutrition Education

Activities (Squash)…………………………………….. 1 time 2 times 3 times 4 times

4. **An Adventure Stems from Learning About**

**Spinach Hands-On Activities**……………………… 1 time 2 times 3 times 4 times

5. **Spinach Stories and Songs** ………………………………… 1 time 2 times 3 times 4 times

6. Introducing MyPlate Nutrition Education

Activities (Spinach)……………………………………. 1 time 2 times 3 times 4 times

7. **Sweet Potatoes are Appealing Hands-On Activities** 1 time 2 times 3 times 4 times

8. **Sweet Potato Stories and Songs**…………………………. 1 time 2 times 3 times 4 times

9. Introducing MyPlate Nutrition Education

 Activites (Sweet Potato)……………………………. 1 time 2 times 3 times 4 times

10. **Can You Tell Me About Cantaloupe? Hands-On**

 **Activities**…………………………………………………… 1 time 2 times 3 times 4 times

11. **Cantaloupe Stories and Songs**………………………….. 1 time 2 times 3 times 4 times

12. Introducing MyPlate Nutrition Education

 Activities (Cantaloupe)………………………………. 1 time 2 times 3 times 4 times

13. Teach About Peach Hands-On Activities…………… 1 time 2 times 3 times 4 times

14. Peach Stories and Songs…………………………………… 1 time 2 times 3 times 4 times

15. Introducing MyPlate Nutrition Education

Activities (Peach)……………………………………….. 1 time 2 times 3 times 4 times

16. **Getting to Know… Strawberries Hands-On**

 **Activities**…………………………………………………… 1 time 2 times 3 times 4 times

17. **Strawberry Stories and Songs**……………………………. 1 time 2 times 3 times 4 times

18. Introducing MyPlate Nutrition Education

 Activities (Strawberry)………………………………… 1 time 2 times 3 times 4 times

**Nutrition Educator Lessons**

**Teacher Lessons**

**This month, did you complete any of the “Where Did You Come From? Planting Activities”?**

 1 time 2 times 3 times 4 times

**This month, did you send home any of the Growing at Home Materials?**

Letter to Home…………….. 1 time 2 times 3 times 4 times

Recipe………………………….. 1 time 2 times 3 times 4 times

Activity (color, grow, seeds,

 match, etc.)…….. 1 time 2 times 3 times 4 times

**Additional Comments or Nutrition Activities:**

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**Enter Date for This Log**

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Name of Teacher (Printed) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Teacher Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_

**Only the lessons listed here are approved for use in SNAPPING UP, a SNAP-ED project of the Michigan Nutrition Network.** You are welcome and encouraged to us all the *Grow it! Try it! Like it!* lessons outside of SNAP-ED programming.

This material was funded in part by the State of Michigan with federal funds from the USDA’s Supplemental Nutrition Assistance Program (SNAP) by way of Michigan Nutrition Network at the Michigan Fitness Foundation. This work is supported in part by the Michigan Department of Human Services, under contract number ADMIN# 13-99011. In Accordance with Federal Law and USDA Policy, these institutions are prohibited from discriminating on the basis of race, color, national origin, sex, age, marital status, familial status, parental status, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue S.W., Washington, D.C. 20250-9410 or call (866) 632-9992 (voice) or (800) 877-8339 (Local or Federal Relay) or (866) 377-8642 (Relay Voice Users). USDA is an equal opportunity provider and employer. The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more contact the toll free Michigan Food Assistance Program Hotline at (855) ASK-MICH.